

# Publications Available From Cumbria County Council Adult Social Care

We are keen to make sure that information about our services is widely available to service users, carers and the public. To help with this, we have produced this list of publications for use by organisations involved in social and health care work. We hope that these publications may be of interest to organisation's staff and customers.

Please note that all publications on this list are available electronically. A tick in the relevant box indicates those that are available as a printed copy, large print or easy read. However, any publication can be made available in another format (for example CD, audio cassette or Braille) or in another language on request.



Subject	Title (Click on the title to download the document)	Synopsis	Format	Printed Copy	Large Print	Easy Read	Size	Issue Date	Last Update
General	<a href="#">Welcome to Adult Social Care</a>	This booklet is for people who are new to Adult Social Care. It explains how we work and what people can expect from us. It also tells people about their rights as a person using our services.	Booklet	✓	✓		A5	Jun-10	
General	<a href="#">Minutes of Cumbria County Council meetings</a>	Link to the Cumbria County Council webpages with access to minutes of various council meetings including Full Council, Cabinet, Local Committees and Scrutiny.	Minutes				A4	Various	Various
General	<a href="#">Joint Strategic Needs Assessment (JSNA) - 2009</a>	Cumbria's Joint Strategic Needs Assessment (JSNA) is the responsibility of NHS Cumbria and Cumbria County Council. It identifies the future health, care and wellbeing needs of the people of Cumbria and guides how services are planned and developed over a 3 to 5 year period.	Report	✓			A4	Jun-09	Jun-09

Subject	Title (Click on the title to download the document)	Synopsis	Format	Printed Copy	Large Print	Easy Read	Size	Issue Date	Last Update
General	<a href="#">Strategies and Plans available via the Adult Social Care and Health website</a>	You'll find downloadable copies of the directorate's main strategies and plans here. These include the JNSA, Commissioning Strategy for Older People and their Carers, Health and Wellbeing Strategy and the Adult and Local Services Directorate Service Plan.	Various				A4	Various	Various
Self-Directed Support	<a href="#">Setting Up A Trust</a>	This booklet is for families, friends and other people interested in setting up a trust to act on behalf of someone who uses adult social care services. It describes what a trust is, how to set one up.	Booklet	✓			A5	Nov-09	
Self-Directed Support	<a href="#">Self-directed Support with Personal Budgets – A Quick Guide</a>	This booklet is about self directed support. This is a way in which people who need social care and support services can take control over their lives and the services they receive.	Booklet	✓	✓		A5	Jun-10	
Self-Directed Support	<a href="#">Self-directed Support with Personal Budgets</a>	This booklet is for adults needing social care and support services, their carers and representatives. It tells you what a support plan is and why it is important, what a support plan includes, how to make a support plan and what help is available to do this, how support plans are agreed and what happens next.	Booklet	✓	✓		A5	Jun-10	
Self-Directed Support	<a href="#">Direct Payments – Your Care, Your Choice</a>	Describes what direct payments are, how they work, who is eligible and how to ask for them. Direct payments give people more control so they can arrange their own support services.	Booklet	✓	✓		A5	Jun-10	
Services	<a href="#">Help For Adults With Learning Disabilities And Their Carers</a>	Jointly produced between the county council and health services. Describes what help is available and how to apply for it	Booklet	✓			A5	Jan-07	
Services	<a href="#">Sensory Impairment Services</a>	Describes what services are available for those with hearing or sight problems, how these will be assessed and information about who can provide them.	Booklet	✓	✓		A4	Oct-07	
Services	<a href="#">Telecare in Cumbria</a>	Describes Telecare services, how they work, who can have them and how to apply.	Booklet	✓	✓		A5	Jun-10	Sep-11
Services	<a href="#">Disabled Facilities Grants - Grants to adapt homes for people with disabilities</a>	Guide to Disabled Facilities Grants produced in partnership with the district councils of Cumbria	Booklet	✓	✓		A5	Dec-10	

Subject	Title (Click on the title to download the document)	Synopsis	Format	Printed Copy	Large Print	Easy Read	Size	Issue Date	Last Update
Safeguard-ing	<a href="#">Mental Capacity Act – Making Decisions For Yourself</a>	Leaflet for the public introducing the Mental Capacity Act	Leaflet	✓			1/3 A4	Mar-07	
Safeguard-ing	<a href="#">What If You Are Unable To Make Important Decisions In The Future?</a>	Poster promoting the Mental Capacity Act	Poster	✓			A4	Mar-07	
Services	<a href="#">Directory of Accredited Retail Outlets in Cumbria</a>	List of accredited Occupational Therapy aids outlets in Cumbria	Booklet	✓			A5	Apr-10	
Services	<a href="#">A Guide to Equipment Availability in Cumbria</a>	Information about how you can get Occupational Therapy aids for daily living.	Booklet	✓			A5	Jan-11	
Services	<a href="#">Adult Social Care Occupational Therapy Assessments</a>	A guide to Occupational Therapy assessments and how to get one	Booklet	✓			1/3 A4	Jan-11	
Services	<a href="#">Directory of Services – Allerdale</a>	Directory of services for services in Allerdale	Booklet	✓			A4	Oct-10	
Services	<a href="#">Directory of Services – Barrow-In-Furness</a>	Directory of services for services in Barrow-In-Furness	Booklet	✓			A4	Oct-10	
Services	<a href="#">Directory of Services – Carlisle</a>	Directory of services for services in Carlisle	Booklet	✓			A4	Oct-10	
Services	<a href="#">Directory of Services – Copeland</a>	Directory of services for services in Copeland	Booklet	✓			A4	Oct-10	
Services	<a href="#">Directory of Services – Eden</a>	Directory of services for services in Eden	Booklet	✓			A4	Oct-10	
Services	<a href="#">Directory of Services – South Lakeland</a>	Directory of services for services in South Lakeland	Booklet	✓			A4	Oct-10	
Services	<a href="#">Advice Centres in Cumbria</a>	Details of 'Advice Centres' which have been established throughout Cumbria so that people can discuss thier equipment	Booklet				A4	Apr-10	Jul-10
Services	<a href="#">Choosing the right home for you</a>	Factsheet for people thinking of moving into a residential or nursing home. Gives a list of things to consider when choosing a home and sources of information.	Factsheet				A4	May-10	
Services	<a href="#">Lists of residential homes</a>	Lists of residential homes registered with the Care Quality Commission - there is a list available for each district of Cumbria	List				A4	Various	Various
Services	<a href="#">Lists of nursing homes</a>	Lists of nursing homes registered with the Care Quality Commission - there is a list available for each district of Cumbria	List				A4	Various	Various

Subject	Title (Click on the title to download the document)	Synopsis	Format	Printed Copy	Large Print	Easy Read	Size	Issue Date	Last Update
Services	<a href="#">Lists of home care providers</a>	Lists of home care providers and cleaning agencies registered with the Care Quality Commission - there is a list available for each district of Cumbria	List				A4	Various	Various
Services	<a href="#">Carers – People Who Look After Others</a>	Describes who carers are, what help is available to them and how to apply for it.	Booklet	✓			A5	Aug-10	
Services	<a href="#">Carers – People Who Look After Others (Polish) Opiekunowie - Ludzie, którzy opiekują się innym</a>	Polish language version of booklet which describes who carers are, what help is available to them and how to apply for it.	Booklet				A5	Jan-07	
Services	<a href="#">Cumbria Carers' Emergency card</a>	Information about an identity card that carers to carry so that in an emergency the person they care for is not left without support.	Leaflet	✓	✓		1/3 A4	Jan-09	
Services	<a href="#">Carers Directory of Services – South Cumbria</a>	Directory of services for carers in South Cumbria including South Lakeland and Barrow.	Booklet	✓			A5	Mar-10	
Services	<a href="#">Carers Directory of Services – East Cumbria</a>	Directory of services for carers in East Cumbria including Carlisle and Eden.	Booklet	✓			A5	Mar-10	
Services	<a href="#">Carers Directory of Services – West Cumbria</a>	Directory of services for carers in West Cumbria including Allerdale and Copeland.	Booklet	✓			A5	Mar-10	
Charging	<a href="#">How much will I pay? Long term care</a>	Detailed guide to how charges for long term stays in residential and nursing homes are worked out.	Booklet	✓	✓		A4	Apr-10	
Charging	<a href="#">How much will I pay? Short term care</a>	Detailed guide to how charges for short term/respite care stays in residential and nursing homes are worked out.	Booklet	✓	✓		A4	Apr-10	
	<a href="#">Charges for Social Care and Support Services - How much will I pay? - Easy Read</a>	Describes how charges for social care and support services are calculated and how they can be paid for in easy language for those with learning difficulties.	Booklet	✓		✓	A4	Nov-07	
Charging	<a href="#">Contributions to Personal Budgets and non-residential services How much will I pay?</a>	Detailed guide to how charges for non-residential services are worked out.	Booklet	✓			A4	Apr-10	
Complaints	<a href="#">Compliments, Comments, Concerns and Complaints</a>	Explains the new comments, compliments and complaints procedure.	Leaflet	✓	✓		A5	Jan-10	
Complaints	<a href="#">How to Tell Us What You Think About The Services You Get</a>	This leaflet explains the comments, compliments and complaints procedure in easy language for those with learning difficulties.	Leaflet	✓		✓	A5	Aug-07	Jan-11

Subject	Title (Click on the title to download the document)	Synopsis	Format	Printed Copy	Large Print	Easy Read	Size	Issue Date	Last Update
Access to Records	<a href="#">Your Social Care Records</a>	Booklet describing how service users can request to see their social care records. Introduces right to access records and confidentiality and Data Protection Act 1998	Leaflet	✓			A5	Aug-07	
Safeguard-ing	<a href="#">It's easy to turn a blind eye to abuse don't let it be you – Older People</a>	Poster promoting the Blind Eye Cumbria safeguarding adults arrangements	Poster	✓			A3	Sep-11	
Safeguard-ing	<a href="#">It's easy to turn a blind eye to abuse don't let it be you – Learning Disability</a>	Poster promoting the Blind Eye Cumbria safeguarding adults arrangements	Poster	✓			A3	Sep-11	
Safeguard-ing	<a href="#">Cumbria Safeguarding Adults Partnership - Multi-Agency Procedures and Guidance</a>	Safeguarding adults procedures and guidance agreed for use across agencies in Cumbria	Booklet				A4	Jul-06	
Safeguard-ing	<a href="#">7 Steps to keep people safe (Easy-Read)</a>	Easy-Read quick guide to keeping people safe	Booklet			✓	A4	Jan-10	
Safeguard-ing	<a href="#">Keeping people safe (Easy-Read)</a>	Easy-Read guide to keeping people safe	Booklet			✓	A4	Jan-10	
Safeguard-ing	<a href="#">Safeguarding Adults Process - Steps 1 to 7</a>	This poster uses a spider diagram to explain the 7 different stages in Safeguarding Adults process. It is aimed at professionals but may also be of use to people using services or their representatives.	Poster				A3	Apr-11	
Safeguard-ing	<a href="#">Every Day in Cumbria a Vulnerable Adult Will Be Abused By Someone Close to Them - Don't Ignore It Say Something!</a>	Flyer promoting the Blind Eye Cumbria safeguarding adults arrangements	Flyer				A5	Apr-11	
Services	<a href="#">Dementia at Home</a>	Leaflet describing simple changes that can be made to the home to help people with dementia be more independent	Leaflet	✓			1/3 A4	Apr-11	
Services	<a href="#">Did You Know?</a>	Poster promoting services for people with learning disabilities	Poster				A4	Jun-07	
Services	<a href="#">Directory of Accredited Retail Outlets in Cumbria</a>	List of accredited occupational Therapy aids outlets in Cumbria.	Booklet				A4	Apr-11	Sep-11
Services	<a href="#">Fair Access to Care Services Eligibility Criteria Factsheet</a>	Factsheet for service users on use of FACS eligibility criteria	Factsheet				A4	May-10	
Services	<a href="#">Horticare Service</a>	A flyer about the Horticare Service and what is available.	Booklet				A4	Jul-08	Sep-11

Subject	Title (Click on the title to download the document)	Synopsis	Format	Printed Copy	Large Print	Easy Read	Size	Issue Date	Last Update
Services	<a href="#">Low Vision Leaflet - 5 areas</a>	Leaflet giving details of what to do if a visual impairment is making your life difficult. There are leaflets for: Allerdale and Copeland; Carlisle; Eden; South Lakes; Barrow	Leaflet				1/3 A4	Jun-08	
Services	<a href="#">Self Directed Support wih Personal Budgets - Customer Journey</a>	Flow chart poster A4 size explaining the possible customer journey from initial contact to support plan stage	Poster				A4	Nov-09	
Services	<a href="#">Self Directed Support wih Personal Budgets - Customer Journey</a>	Flow chart poster A3 size explaining the possible customer journey from initial contact to support plan stage	Poster				A3	Nov-09	
Services	<a href="#">The Standards We Expect</a>	Leaflet produced by the Self Directed Support Service User and Carer Consortium describing standards expected from Adult Social Care services	Booklet			<u>✓</u>	A4	Apr-11	
Services	<a href="#">Reablement Factsheet</a>	Factsheet explaining what reablement is, who it is for and where it is currently available	Factsheet		<u>✓</u>			Aug-11	Sep-11

Recently Added	Author
	TBC
	Various
	Various

Recently Added	Author
	Various
	TBC
	Cheryl Page
	Cheryl Page
	TBC
	TBC
	Andrew Kaye
	Peter Knock
	Andrew Kaye

Recently Added	Author
	Irene Cooper
	Irene Cooper
	Andrew Kaye
	Andrew Kaye
	Andrew Kaye
	Peter Knock
	Peter Knock
	Peter Knock
	Peter Knock
	Peter Knock
	Peter Knock
	Andrew Kaye
	TBC
	Peter Knock
	Peter Knock

Recently Added	Author
	Peter Knock
	Julian Legat
	Julian Legat
	Julian Legat
	Julian Legat
	Julian Legat
	Julian Legat
	Julian Legat
	Paul Latimer
	Paul Latimer
	Paul Latimer
	Sue Burke
	Sue Burke

Recently Added	Author
	Linda Mason
	Irene Cooper
	Irene Cooper
	Irene Cooper
	Irene Cooper
	Irene Cooper
	Irene Cooper
	Irene Cooper
	Jackie Roslin
	Clare Redpath
	Andrew Kaye
	Paul Latimer
	John Taylor

Recently Added	Author
	Andrew Kaye
	Cheryl Page
	Cheryl Page
	TBC
	Anne Phillips